

Edgbarrow Trampoline Club COVID-19 Guidance

We have aligned to official NHS guidance and 'NHS Test and Trace' policies,
for everyone's safety, clarity and understanding.

If you develop COVID-19 symptoms

While you are at club	While you are at home
Immediately self-isolate in reception	Inform club of suspected symptoms
Get sent home / Parent called to collect	
Then	
Self-isolate at home, do not attend club	
Get yourself tested	
Inform club of the test result	
Positive test result	Negative test result
Self-isolate for at least 10 days	
Then	
Ensure you are feeling well	
Return to club	

If someone in your household develops COVID-19 symptoms

Then

Self-isolate at home, do not attend club

Remain isolated for 14 days

Monitor yourself for COVID-19 symptoms

Yes – I developed symptoms

No – I am symptom free

Refer to slide 1 – “If you develop COVID-19 symptoms”

Ensure you are feeling well

Return to club

If someone in your training bubble has tested positive

Club will inform all bubble members that have trained with the Individual, up to 48h prior to their symptoms developing

If Informed, Then

Self-isolate at home, do not attend club

Remain isolated for 14 days

Monitor yourself for symptoms

Yes – I developed symptoms

Refer to slide 1 – “If you develop COVID-19 symptoms”

No – I am symptom free

Ensure you are feeling well

Return to club

References

For what to do during the period a test is pending:

- <https://www.nhs.uk/conditions/coronavirus-covid-19/testing-and-tracing/what-your-test-result-means/>

For what to do if a positive Covid case is identified in a bubble:

- <https://www.nhs.uk/conditions/coronavirus-covid-19/testing-and-tracing/nhs-test-and-trace-if-youve-been-in-contact-with-a-person-who-has-coronavirus/>

For how far back (48 hours) we should enforce this requirement.

- <https://www.nhs.uk/conditions/coronavirus-covid-19/testing-and-tracing/nhs-test-and-trace-if-youre-contacted-after-testing-positive-for-coronavirus/>